

SALTZMAN HOUSE MENU



WEEK OF JANUARY 26, 2014

MONDAY, JANUARY 27, 2014

Chunky Vegetable Chowder
Tuna Croquette
Macaroni & Cheese
Steamed vegetable
Sweet blueberry mini muffins

TUESDAY, JANUARY 28, 2014

Juice
Hamburger w/sautéed onions on bun
French fries
Cucumber salad
Fresh fruit

WEDNESDAY, JANUARY 29, 2014

CHINESE NEW YEAR PARTY

Egg roll w/duck sauce
Chinese noodles
Sweet and sour chicken
Vegetable rice
(2) Fortune cookies/sugar free almond cookies

THURSDAY, JANUARY 30, 2014

Salad
Blintze soufflé w/side of cut up fruit
Carrot raisin salad
Pound cake w/ice cream

FRIDAY, JANUARY 31, 2014

Chicken soup w/matzoh ball
Glazed chicken w/cranberry sauce
Barley casserole
Vegetable
Challah
Cake

SATURDAY, FEBRUARY 1, 2014

KITCHEN CLOSED-LUNCH SENT UP

Egg salad sandwich on rye
Coleslaw
Macaroni Salad
Danish

SUNDAY, FEBRUARY 2, 2014

KITCHEN CLOSED-LUNCH SENT UP

White fish salad platter w/lettuce leaf,
(2) slices of tomato, (2) slices of
cucumber
Cheese blintzes w/sour cream
Bagel w/cream cheese
Mixed fruit

HAPPY BIRTHDAY

30 CRISTINA PALELLA



MENU SUBJECT TO CHANGE

Chicken or fish may be substituted for a meat meal. Fish for a dairy meal. Bread, margarine & beverage included. A baked potato may be substituted for any other potato. Please call Maxine (X 3) on weekdays and the kitchen (X 207) on weekends

PLEASE NOTE: ANY FOOD TAKEN UP FROM THE DINING ROOM OR DELIVERED TO YOUR APT MUST BE REFRIGERATED IMMEDIATELY UNTIL YOU ARE READY TO EAT IT

Congregate Housing Services Program

JANUARY IS NATIONAL STAYING HEALTHY MONTH

